

IADL Assessment

7-23-14

Header for Housekeeping Section:

Housekeeping means the ability to maintain the interior of the individual’s residence for the purpose of health and safety.

Tips for assessing Housekeeping

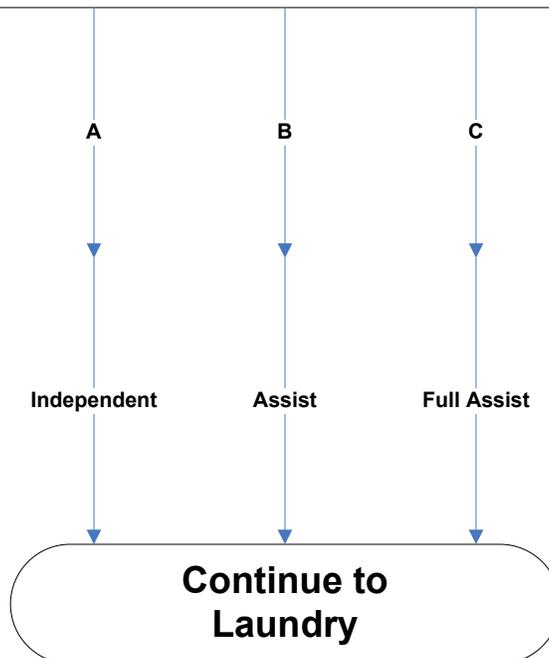
- Housekeeping includes activities such as, washing and wiping surfaces, cleaning floors, making the individual’s bed, cleaning dishes, taking out the garbage and dusting.
- Housekeeping does **not** include pet care, yard maintenance or home repair.
- Only the housekeeping activities related to the eligible individual’s needs may be considered in housekeeping. Housekeeping needs of roommates, guests, family members or other residents of the household can not be considered.
- **Time Frame** means thirty days prior and thirty days following the assessment date.

Housekeeping:

The individual needs assistance from another person in order to accomplish housekeeping tasks which maintain their health and safety within their residence. (Does not include pet care, home repair or housekeeping activities related to other household members)

Select the most appropriate response:

- A. Independent
- B. Unable to accomplish some housekeeping tasks without assistance.
- C. **ALWAYS** needs assistance for all tasks.



Header for Laundry Section:

Laundry means the ability to gather and wash and dry clothing and linens, use washing machines and dryers, hang clothes, fold and put away clean clothing and linens. For service planning, laundry needs are included in Housekeeping.

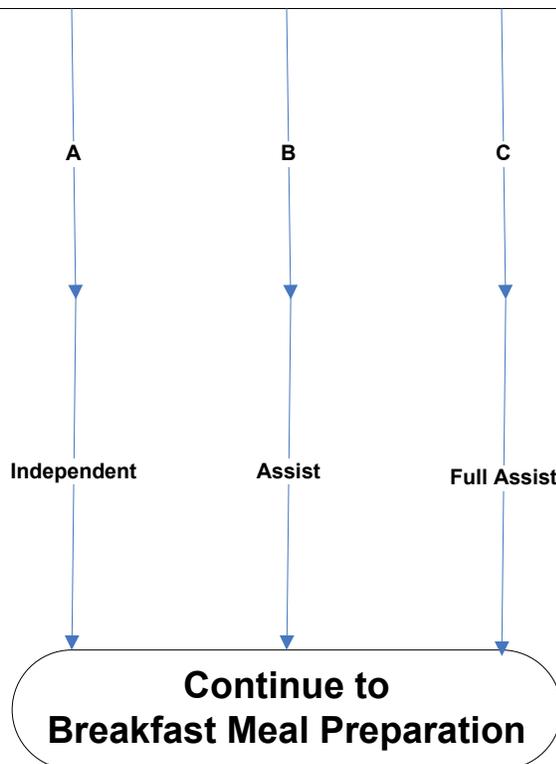
Time Frame means thirty days prior and thirty days following the assessment date.

Housekeeping:

The individual needs assistance from another person in order to complete laundry tasks.

Select the most appropriate response:

- A. Independent
- B. Unable to accomplish some laundry tasks without assistance.
- C. **ALWAYS** needs assistance for all tasks and phases.



Header for Meal Preparation (Breakfast) Section:

Meal Preparation means the ability to safely prepare food to meet basic nutritional requirements of the individual. It includes placing food, dishes and utensils within reach for eating.

Tips for assessing Meal Prep

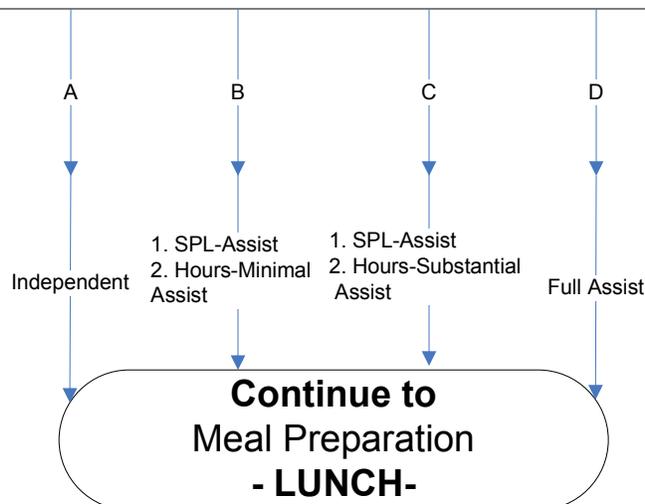
- When assessing and developing service plans, dinner/supper is considered the individual's main meal of the day, regardless of the time the meal is served or eaten.
- Do not require or consider whether the person is using a microwave, toaster, store bought or home delivered meals when assessing the individual. If the person chooses any of these methods of preparation, you may reduce the hours in the service plan based on how much time is actually needed to prepare the meal of their choice.
- Even with home delivered meals (HDM), the individual may still meet the assistance or full assistance criteria. If HDM is received, the in-home hours may need to be reduced.
- Cutting food up or bringing food to the table is considered in Meal Preparation, not Eating.
- **Time Frame** means thirty days prior and thirty days following the assessment date

Breakfast Meal Preparation:

The individual needs assistance from another person to safely prepare food meeting basic nutritional requirements?

Select the most appropriate response:

- A. Independent
- B. Is **able to accomplish a majority** of the meal preparation tasks, but not all the tasks.
- C. Is **able to accomplish only a small portion** of the meal preparation tasks without assistance.
- D. **ALWAYS** needs assistance for all tasks of meal preparation.



Header for Meal Preparation (Lunch) Section:

Meal Preparation means the ability to safely prepare food to meet basic nutritional requirements of the individual. It includes placing food, dishes and utensils within reach for eating.

Tips for assessing Meal Prep

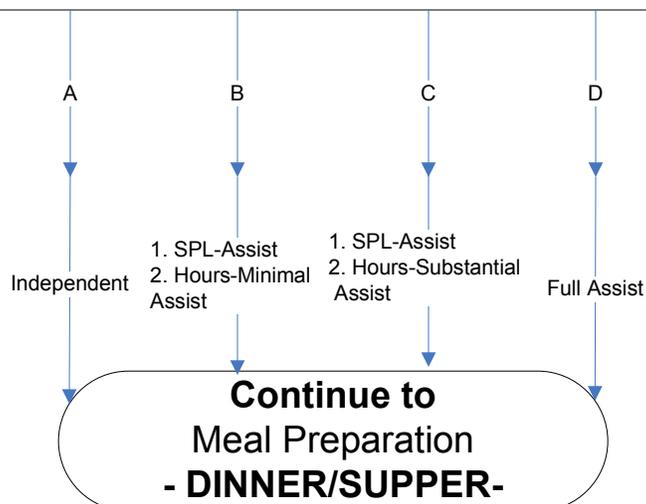
- When assessing and developing service plans, dinner/supper is considered the individual’s main meal of the day, regardless of the time the meal is served or eaten.
- Do not require or consider whether the person is using a microwave, toaster, store bought or home delivered meals when assessing the individual. If the person chooses any of these methods of preparation, you may reduce the hours in the service plan based on how much time is actually needed to prepare the meal of their choice.
- Even with home delivered meals (HDM), the individual may still meet the assistance or full assistance criteria. If HDM is received, the in-home hours may need to be reduced.
- Cutting food up or bringing food to the table is considered in Meal Preparation, not Eating.
- **Time Frame** means thirty days prior and thirty days following the assessment date

Lunch Meal Preparation:

The individual needs assistance from another person to safely prepare food meeting basic nutritional requirements?

Select the most appropriate response:

- A. Independent
- B. Is **able to accomplish a majority** of the meal preparation tasks, but not all the tasks.
- C. Is **able to accomplish only a small portion** of the meal preparation tasks without assistance.
- D. **ALWAYS** needs assistance for all tasks of meal preparation.



Header for Meal Preparation (Dinner/Supper) Section:

Meal Preparation means the ability to safely prepare food to meet basic nutritional requirements of the individual. It includes placing food, dishes and utensils within reach for eating.

Tips for assessing Meal Prep

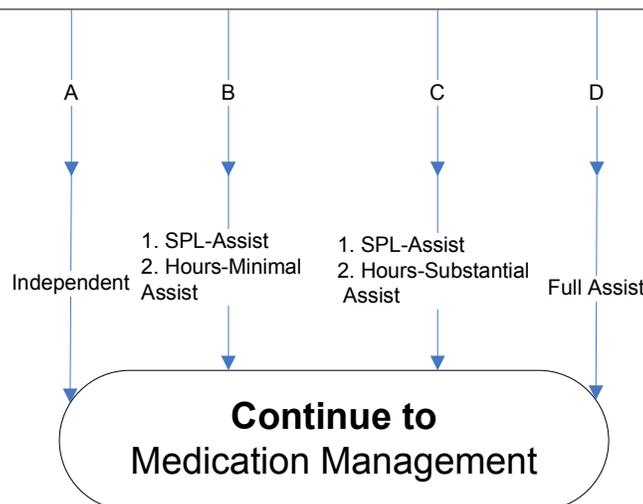
- When assessing and developing service plans, dinner/supper is considered the individual's main meal of the day, regardless of the time the meal is served or eaten.
- Do not require or consider whether the person is using a microwave, toaster, store bought or home delivered meals when assessing the individual. If the person chooses any of these methods of preparation, you may reduce the hours in the service plan based on how much time is actually needed to prepare the meal of their choice.
- Even with home delivered meals (HDM), the individual may still meet the assistance or full assistance criteria. If HDM is received, the in-home hours may need to be reduced.
- Cutting food up or bringing food to the table is considered in Meal Preparation, not Eating.
- **Time Frame** means thirty days prior and thirty days following the assessment date

Dinner/Supper Meal Preparation:

The individual needs assistance from another person to safely prepare food meeting basic nutritional requirements?

Select the most appropriate response:

- A. Independent
- B. Is **able to accomplish a majority** of the meal preparation tasks, but not all the tasks.
- C. Is **able to accomplish only a small portion** of the meal preparation tasks without assistance.
- D. **ALWAYS** needs assistance for all tasks of meal preparation.



Header for Medication/O2 Management:

Medication Management means the ability to order, organize and administer prescribed medications.

Tips for assessing Medication/O2 Management

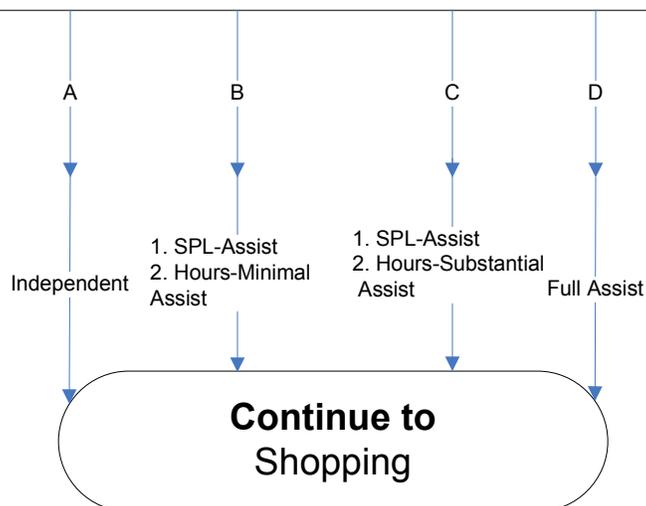
- Administering prescribed medications includes pills, drops, ointments, creams, injections, inhalers and suppositories unrelated to bowel care.
- Assisting with the administration of oxygen, monitoring the equipment and assuring adequate oxygen supply.
- Administering as a paid service means set-up, reminding, cueing, checking for effect and monitoring for choking while taking medications.
- **Time Frame** means thirty days prior and thirty days following the assessment date.

Medication/Oxygen Management:

The individual needs assistance from another person to order, organize or administer prescribed medications and/or oxygen? The assistance may include: set-up, reminding, cueing, checking for effect and monitoring for choking or administering O2 or monitoring equipment to assure adequate O2 supply.

Select the most appropriate response:

- A. Independent
- B. Is able to accomplish a majority of the medication/O2 management tasks, but not all the tasks.
- C. Is able to accomplish only a small portion of the medication/O2 management tasks without assistance.
- D. **ALWAYS** needs assistance for all tasks of medication/O2 management.



Header for Shopping:

Shopping means the ability to purchase goods that are necessary for the health and safety of the individual being assessed and are related to the individual’s service plan. Goods that are related to the service plan include items such as food (meal preparation), clothing (dressing), and medicine (medication management).

Tips for assessing Shopping

- The ability to prepare a shopping list is not a shopping task.
- Shopping must be for items pertaining to the service plan.
- **Time Frame** means thirty days prior and thirty days following the assessment date.

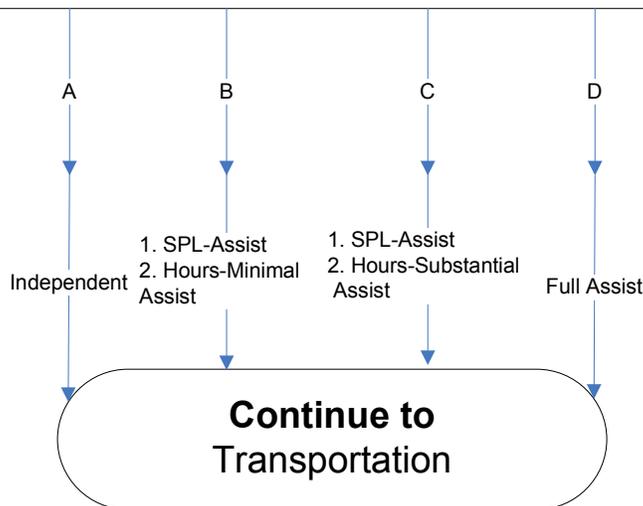
Shopping:

The individual needs assistance from another person to purchase goods that are necessary for the health and safety of the individual and are related to the individual’s service plan, such as:

- Food (meal preparation);
- Clothing (dressing); or
- Medicine (medication management).

Select the most appropriate response:

- A. Independent
- B. Is **able to accomplish a majority** of the shopping tasks, but not all the tasks.
- C. Is **able to accomplish only a small portion** of the shopping tasks without assistance.
- D. **ALWAYS** needs assistance for all tasks of shopping.



Header for Transportation:

Transportation means, assuming transportation is available, the ability to arrange rides, the ability to get in or out of a vehicle, and the need for assistance during a ride.

Tips for assessing Transportation:

- The need for assistance during a ride means assistance for a physical or cognitive need such as spasticity, memory impairment, aspiration, choking or seizure.
- Transportation does not include mileage reimbursement.
- **Time Frame** means thirty days prior and thirty days following the assessment date.

Transportation:

The individual needs assistance from another person to:

- Arrange rides; **and/or**
- Get in or out of a vehicle; **and/or**
- Physical or cognitive assistance during a ride, such as for spasticity, memory, aspiration, choking or seizure.

Select the most appropriate response:

- A. Independent
- B. Is **able to accomplish a majority** of the transportation tasks, but not all the tasks.
- C. Is **able to accomplish only a small portion** of the transportation tasks without assistance.
- D. **ALWAYS** needs assistance for all tasks of transportation.

