

Additional ADL Questions

7-23-14

Header for Bathing Section:

Bathing means the activities of bathing and washing **hair**, using *assistive devices* if needed. Bathing includes the act of getting in and out of the bathtub or shower.

Tips for assessing Bathing

- Bathing is broken into three steps.
 - Step 1:** Inability to get in and out of the bath tub or shower.
 - Step 2:** Inability to fully complete the task of washing their body. If an individual cannot fully accomplish washing any part of their body, then the individual cannot complete the task of bathing. Do not break bathing the body into multiple parts of the body. Bathing the body is one step (**remove all the blue text here**: if no assistance is needed for any part of the body, except the back, then do not consider the back as a part of the body).
 - Step 3:** Inability to wash their hair.
- Any step the individual is unable to fully accomplish is considered the inability to complete the step. The individual would not be able to complete the step without assistance from another person.
- Independent means:
 - No assistance needed to fully complete all 3 steps.
- Assist means:
 - Unable to accomplish one or two of the steps **some or all** of the time, but is always able to complete at least one of the steps; **or**
 - Unable to accomplish all three steps **some** of the time.
- Full Assist means:
 - Unable to accomplish all three steps each time bathing occurs without hands-on assistance.
- **Time Frame** means thirty days prior and thirty days following the assessment date.

Bathing:

The individual needs, assistance getting in and out of the bathtub or shower, bathing or washing hair.

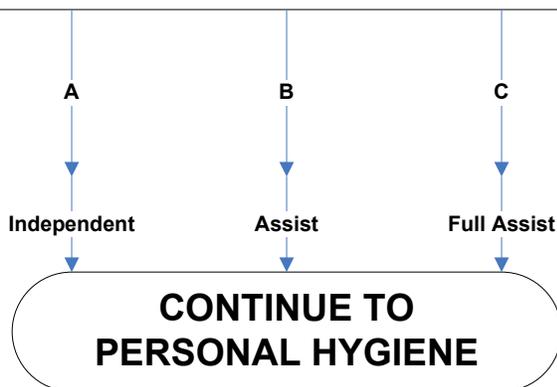
Select the most appropriate response (Steps of bathing are described in the quick help header):

A. Independent

B. Unable to accomplish bathing **and** the individual needs:

- **HANDS-ON** assistance with any of the steps *some* of the time; **or**
- **HANDS-ON** assistance with up to two steps *always*, but doesn't need hands-on assistance for the remaining step(s); **or**
- **CUEING** or **STAND-BY** assistance during Step 1 **and/or** Step 2 **and/or** Step 3 *some* of the time or always.

C. **ALWAYS** needs **HANDS-ON** assistance during Step 1, Step 2 **and** Step 3.



Header for Personal Hygiene Section:

Personal Hygiene means the activities of shaving, caring for the mouth or assistance with tasks of menstruation care.

Tips for assessing Personal Hygiene

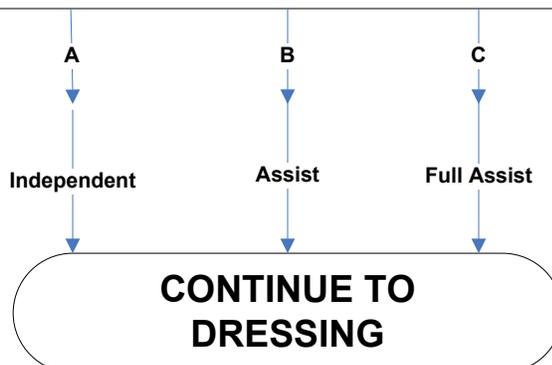
- Shaving consists of various areas of the body, such as the face, legs or underarms.
- (**remove this text**: If the individual needs assistance with menstruation, it will result in an assist need level.)
- Caring for the mouth consists of brushing teeth, dental floss, denture care, mouthwash and/or other tasks the individual requires for mouth care.
- Independent means:
 - No assistance needed to fully complete shaving, caring for the mouth or tasks of menstruation care.
- Assist means:
 - Always needs hands-on assistance with one of the tasks of personal hygiene, but doesn't need any assistance or may need **some** assistance with the other two tasks; or
 - Needs **hands-on** assistance **some** of the time with one of the tasks, but doesn't need any assistance with the remaining tasks; or
 - Needs **hands-on** assistance **some** of the time with two or more of the tasks, but doesn't need assistance with the remaining task.
- Full Assist means:
 - Always needs hands-on assistance with two or more of the tasks.
- **Time Frame** means thirty days prior and thirty days following the assessment date.

Personal Hygiene:

The individual needs, with or without assistive devices, assistance from another person to shave, care for the mouth or with the tasks of menstruation care.

Select the most appropriate response:

- A. Independent
- B. Unable to accomplish at least one of the tasks of personal hygiene. The individual needs:
 - **HANDS-ON** assistance **always** for one task of personal hygiene, but doesn't always need hands-on assistance for the remaining two tasks; **or**
 - **HANDS-ON** assistance needed **some** of the time for one or two of the tasks of personal hygiene, but doesn't need hands-on assistance for the remaining tasks; **or**
 - **CUEING or STAND-BY** assistance needed for at least one and up to all of the tasks of personal hygiene.
- C. **ALWAYS** needs **HANDS-ON** assistance for at least two of the tasks of personal hygiene.



Header for Dressing section:

Dressing means the activities of dressing and undressing.

Tips for assessing Dressing:

- **Remove this text:** Ted Hose is a treatment that is captured as a dressing function.
- Dressing is broken into two steps:
 - Step 1: Inability to fully complete the task of dressing or undressing the top half of body.
 - Step 2: Inability to fully complete the task of dressing or undressing the bottom half of the body.
- Any part of a step the individual is unable to fully accomplish is considered the inability to complete the full step (e.g. putting one arm.....)
- Compression socks, commonly known as “ted hose”, is captured as a dressing function.
- Independent means:
 - No assistance needed to complete Step 1 or Step 2.
- Assist means:
 - Always needs assistance for Step 1 **or** Step 2; or
 - Does not always need assistance with Step 1 and Step 2, but sometimes needs assistance with both steps.
- Full Assist means:
 - Always needs hands-on assistance for Step 1 **and** Step 2.
- **Time Frame** means thirty days prior and thirty days following the assessment date.

Dressing:

The individual needs, with or without assistive devices, assistance from another person to dress and undress.

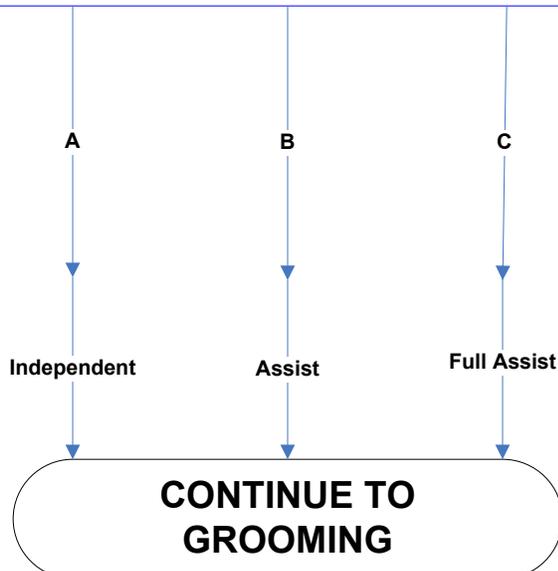
Select the most appropriate response. (Steps of dressing are described in the quick help header):

A. Independent

B. Unable to accomplish dressing. This means:

- **HANDS-ON** assistance for step 1 or 2 **some** of the time; **or**
- **HANDS-ON** assistance for one of the steps **always**, but doesn't need hands-on assistance for the remaining step; ; or
- **CUEING** or **STAND-BY** assistance during steps 1 and/or step 2 **some** of the time **or** always.

C. **ALWAYS** needs **HANDS-ON** assistance for step one and two.



Header for Grooming:

Grooming means nail and hair care.

Tips for assessing Grooming:

- Nail care consists of cutting and cleaning toe nails and/or finger nails.
- Hair care includes tasks to brush and comb hair and may include activities such as using rubber bands, barrettes, braiding hair, pony tails, etc....
- Independent means:
 - No assistance needed to fully complete nail and hair care.
- Assist means:
 - Needs hands-on assistance with hair and/or nail care some of the time, but not always; or
 - Needs cueing or stand-by assistance with hair and/or nail care some or all of the time; or
 - Needs hands-on assistance always with hair care, but not nail care.
 - Needs hands-on assistance always with nail care, but not hair care.
- Full Assist means:
 - Always needs hands-on assistance with nail and hair care.
- **Time Frame** means thirty days prior and thirty days following the assessment date.

Grooming:

The individual needs, with or without assistive devices, assistance from another person for nail and hair care.

Select the most appropriate response:

- A. Independent
- B. Unable to accomplish nail and/or hair care. The individual needs:
 - **HANDS-ON** assistance for nail or hair care **some** of the time; **or**
 - **CUEING** or **STAND-BY** assistance during the activity of nail **and/or** hair care **some** of the time **or** always; **or**
- C. **ALWAYS** needs **HANDS-ON** assistance for nail care **and** hair care.

