

Assessments

Activities:

- Assess individual's abilities and needs
- Discuss individual preferences
- Identify individual strengths and limitations
- Identify risks and develop plans to address risks
- Assess natural supports
- Develop a plan to meet identified needs
- Document all of the above
- Monitor the quality of the services that the individual is receiving
- Comply with Federal mandate to visit a minimum of once per year

Methods:

- Discuss with the individual
- Discuss with those who are assisting or have knowledge of the individual including natural supports, caregivers and other involved parties
- If necessary, gather information from medical professionals, exams and records, with the individual's permission

Areas addressed:

- Activities of Daily Living (ADLs)
- Instrumental Activities of Daily Living or Self-Management Tasks (IADLs)
- Risks
- Natural Supports
- Adaptive Devices and Equipment used and needed
- Falls
- Medications
- Treatments and Procedures
- Environmental Concerns
- Emergency Needs
- Recreational Activities