

Cindy Hannum, Administrator
Authorized Signature

Number: SPD-IM-04-039
Issue Date: 05/17/04

Topic: Other

Subject: Community Based Care Nursing Continuing Education Events; Contract RN Service Central Office Orientation.

Applies to (check all that apply):

- | | |
|--|--|
| <input type="checkbox"/> All DHS employees | <input checked="" type="checkbox"/> County Mental Health Directors |
| <input checked="" type="checkbox"/> Area Agencies on Aging | <input type="checkbox"/> Health Services |
| <input type="checkbox"/> Children, Adults and Families | <input checked="" type="checkbox"/> Seniors and People with Disabilities |
| <input checked="" type="checkbox"/> County DD Program Managers | <input type="checkbox"/> Other (please specify): |

Message: This Information Memorandum provides a schedule of upcoming Contract RN Central Office orientations and health related continuing education events of interest to CBC nurses, casemanagers and protective service workers.

Contract RN Central Office Orientation:

The Central Office Orientation is mandatory for new Contract RNs and available for existing Contract RNs. This formal orientation will assist the Contract RN to attain the administrative knowledge necessary to practice in SPD settings. All Central Office Orientations will be held at the SDSD Employee Development Center, 4494 River Road North, Keizer OR, from 8:30 a.m. to 5:00 p.m. For more information, contact Gretchen Thompson at (503) 945-6484. The Central Office Orientation dates for the remainder of 2004 are as follows:

August 17, 18 & 19, 2004
November 2, 3 & 4, 2004

Spring Training for Community Based Care Nurses 2004:

Presented by Seniors and People with Disabilities and the Oregon State Board of Nursing (OSBN), these events address two issues essential to the practice of CBC nursing: updates to the OSBN Registered Nurse Delegation rule (OAR 851-047-000) and Medication Reviews (with guest long term care pharmacist George Gerding). The educational content is designed to meet the professional development and clinical needs of CBC nursing professionals, however casemanagers and providers are

encouraged to attend. Trainings are held from 9:00 a.m. to 4:00 p.m. The remaining Spring Training for Nurses 2004 dates and locations are as follows:

June 10, 2004, Medford, OR

June 24, 2004, LaGrande, OR

Please see attached registration form for additional information and specific locations.

6th Annual Dean McGinty Memorial Conference on Alzheimer's Disease:

“Living with Change – Putting the Puzzle Together”

Presented by the Alzheimer's Association Oregon Chapter, presentations will focus on caregiving, research, communication, and person-centered care. Speakers include Reverend Alice Scannell, Ph.D., David Troxel, M.P.H., Jolene Brackney, and Patrick Gillette, M.D. The conference will be held at the Embassy Suites Hotel, Washington Square in Tigard. See attached registration form. Contact phone number is (503) 413-7115 or visit www.alzheimers-oregon.org

Conference Date: May 26, 2004

Advancing Inpatient Palliative Care Programs:

The Oregon Health & Science Center for Ethics in Health Care is joining with Legacy Health System and palliative care program leaders from across the state to discuss key issues in the care of patients. This conference will be held at Legacy Emanuel Hospital Lorenzen Conference Center. For more information, contact Legacy's Department of Continuing Medical Education at (503) 413-7558.

Conference Date: June 24, 2004

The Oregon Geriatric Education Center - Summer Institute 2004:

Geriatric Health Issues – Focus on Gender.

OGEC Summer Institute will be held in the OHSU School of Nursing. For more information contact OGEC at (503) 418-2174 or email_ogec@ohsu.edu, or visit www.ohsu.edu/ogec

Conference Date: June 28-30, 2004

Bringing Quality Home:

Presented by the Oregon Gerontology Association, this conference will provide practical applications of the latest evidence-based research and best practices in chronic disease management for individuals who live in nursing facilities, community based care facilities, or their own home. Bringing Quality Home will be held at the Holiday Inn, Wilsonville. For more information phone (503) 589-0711, e-mail office@oregongero.org, or visit www.oregongero.org

Conference Date: August 10, 2004

If you have any questions about this information, contact:

Contact(s):	Gretchen Thompson		
Phone:	503 945-6484	Fax:	503 378-8966
E-mail:	Gretchen.L.Thompson@state.or.us		



6th Annual Dean McGinty
Memorial Conference on Alzheimer's Disease

Living With Change— Putting the Puzzle Together

A one-day conference for professional and family caregivers presented by the Alzheimer's Association - Oregon Chapter.

Wednesday, May 26, 2004

Embassy Suites Hotel Washington Square

9000 Washington Square Road

Tigard, Oregon

7:30am – 4:30pm



6th Annual Dean McGinty
Memorial Conference on Alzheimer's Disease

Living With Change— Putting the Puzzle Together

A one-day conference for professional and family caregivers
presented by the Alzheimer's Association - Oregon Chapter

Speaker Roster:

Rev. Alice Scannell, Ph.D., is a pastor, chaplain, teacher, and gerontological consultant who has also been a family caregiver. She conducts workshops and consultations on family communication in late life and is on the faculty of Portland State and Marylhurst Universities where she teaches courses related to aging.

David Troxel, MPH, is an internationally recognized author and speaker. He co-authored "The Best Friends Approach to Alzheimer's Care," which has become a standard for "person-centered" care for Alzheimer's patients.

Jolene Brackey is the author of *Creating Moments of Joy*, and a celebrated speaker in Alzheimer's education who has a genuine passion to pass on powerful tools that create positive outcomes.

Dr. Patrick Gillette, MD, is the Senior Staff Physician of the Clinical Research Institute of Southern Oregon, Medical Director of the Mood and Memory Center of Southern Oregon, and a member of the Advantage Advisory Board of Johns Hopkins University.

Wednesday, May 26, 2004

Embassy Suites Hotel Washington Square

9000 Washington Square Road

Tigard, Oregon

7:30am – 4:30pm

About the Conference

The McGinty Memorial Conference on Alzheimer's Disease honors Dean McGinty, MD, a Portland geriatrician and early advocate for the special needs of persons with dementia as well as a pioneer in the Alzheimer family support movement. Since his unexpected death in 1995, the Oregon Chapter has honored Dr. McGinty through an educational conference in his name that is dedicated to the principles he practiced: high-quality, compassionate and family-centered care. This year's conference theme is Living With Change—Putting the Puzzle Together. Presentations will focus on the many facets of Alzheimer's disease, caregiving, research, communication, and person-centered care. Participants will gain valuable insight into the experience of Alzheimer's disease, and how each person, by learning to put all of the puzzle pieces together, can enhance their own lives as well as the lives of people with Alzheimer's, their caregivers and families.



Conference Schedule

7:30 – 8:30am

Registration & Continental Breakfast

8:30am Welcome

Judy McKellar, Executive Director

Tim Nay, President, Board of Directors

8:40 – 10:10am Keynote/Training

Jolene Brackey – Creating Moments of Joy for People with Alzheimer’s

Share the vision that we will soon look beyond the challenges of Alzheimer’s and focus on creating moments of joy. Garner a new perspective of Alzheimer’s by focusing on the positive aspects of the disease. When a person has short term memory loss, their life is made up of moments, and learning to make the most of these moments will ease daily struggles and offer comfort. Discover the treasures in each individual and how to incorporate them into an enhanced memory program.

10:10 – 10:30am Morning Break

10:30am – 12:00pm Keynote/Training

David Troxel – The Best Friends Model of Alzheimer’s Care – Changing the Culture of Care

The Best Friends model of Alzheimer’s Care has been widely used in Oregon, the United States and internationally as a life-affirming, innovative model of care for persons with dementia. This presentation will describe the model of care, update the audience on new developments related to Best Friends and describe how the Best Friends approach is changing the culture of care in long-term care programs.

12:00 – 1:00pm Lunch

1:00 – 2:30pm Session A (Choose one)

2:30 – 2:45pm Afternoon Break

2:45 – 4:15pm Session B (Choose one)

4:15pm Conference Concludes

Session A Workshops (Choose One)

1a. Memory Enhanced Environments – Jolene Brackey

Discover how to create a comfortable environment through physical changes that will decrease disorientation and enhance memory. This combination of elements will help the person with Alzheimer’s or other dementias find greater peace in their environment. **Objectives:** Gain an understanding of how a person with Alzheimer’s perceives their environment. Obtain design solutions that will enable independence. Learn how to create safe havens that offer comfort.

2a. Caring for the Caregiver: Untangling Communication Gridlock – Kathy Laenhue

Traffic gridlock requires patience, some backing up or yielding, and a strong desire to reach our ultimate goal without abandoning our vehicles. Communication gridlock is similar, but there are concrete skills to pave the way. In this interactive workshop we will identify barriers to listening and to being heard, and learn how to clear the path when talking with or among families, staff and care receivers, including those with dementia. **Objectives:** Understand communication barriers. Identify the five principles of good listening. Be able to name at least six key principles for communicating with a person with dementia.

3a. Alzheimer’s Disease – Staying the Course From Diagnosis and Treatments Through the Final Stages – Dr. Patrick Gillette

To stay the course we need to start with how Alzheimer’s is diagnosed and be able to identify barriers that may hinder making the diagnosis. The next step is learning about the medications that are available now for the treatment of Alzheimer’s, what to expect from them, and the importance of maintaining therapy and knowing when to stop. We will explore the stages of Alzheimer’s and what might be expected as the disease progresses and then look at the last stages and discuss a model for describing the final journey. **Objectives:** Understand the diagnosis of dementia. Review current therapies and expectations. Gather the tools that facilitate being able to talk to the primary care physician.

Session B Workshops (Choose one)

1b. Caring for the Caregiver: Pulling Yourself Out of the Mire When Emotions Bog You Down – Kathy Laenhue

As caregivers, we often feel angry, frustrated, resentful, guilty, sad, depressed and generally overwhelmed – all natural elements of grief. Our grief is over the loss of what once was and the dissolution of an imagined future. How do we move beyond hoping yesterday will get better? This interactive workshop will help you find answers that work for you.

Objectives: Identify emotions that trigger trouble and how to relate them to the losses they are enduring. Complete an exercise to learn to “give up” in a positive way. Create a list of spirit enhancers to help move out of emotional mire. Learn how to seek further help, if needed.

2b. Topic: Activities That Work – A Best Friends View – David Troxel

An outstanding activity program can bring out the best in persons with dementia and improve morale throughout a long-term care program. This workshop will introduce a new approach to activities that focuses on making them truer to everyday life. The interactive workshop will give pointers on how to involve all staff members and volunteers. **Objectives:** Name three activities that support dignity. Describe three ways to involve staff and volunteers in activities. List five activities that can be done in 1 minute or less.

3b. Caregiving As a Spiritual Journey – Rev. Alice Scannell, Ph.D.

When we become a caregiver for someone with dementia, we cross into a place that’s unexplored and frightening. The spiritual issues that arise can include concern about our capacity to cope; feelings of grief, loneliness and self-doubt; and the weight of making and living with decisions we never anticipated. Spirituality can give meaning to life and help us cope with things that happen to us and those we love. This workshop will explore how to recognize and validate the challenges of the caregiving experience and will offer resources for spiritual nurture and support. **Objectives:** Recognize and validate the spiritual issues that arise in caregiving. Discover spiritual practices and resources that can provide spiritual support and nurturing for the caregiver. Learn techniques that help release the tensions and stresses of being a caregiver for someone who has dementia.

Living With Change— Putting the Puzzle Together

May 26, 2004, 7:30am – 4:30pm

Embassy Suites Hotel Washington Square, Tigard, Oregon

Name _____

Title _____

Organization/Facility _____

Type ALF RCF NF AFH OTHER

Address _____

City, State, Zip _____

Email _____

Telephone _____ Fax _____

Vegetarian Meal Yes No

Workshop Selections

Session A – First Choice: _____

Session A – Second Choice: _____

Session B – First Choice: _____

Session B – Second Choice: _____

Registration

Registration fee includes tuition, materials, lunch and refreshment breaks.

\$75.00 – Registration received by Wednesday, May 12, 2004.

\$95.00 – Registration received after May 12, 2004.

Payment: Check Enclosed VISA MC AMEX

Account # _____

Card Holder Name _____

Exp. Date _____

Billing Address _____

City, State, Zip _____

Cancellation Policy: Refunds will be given if notice is given by May 12, 2004. No refunds after May 12, 2004. No refunds or credits can be given for “no-shows.” Substitutes are welcome! **Confirmation:** A written confirmation will be sent or faxed up to two days prior to event date. **Continuing Education:** Attendance at the conference qualifies for **6 CEU credits.** **Scholarships:** A limited number of scholarships for family caregivers and CNAs are available. Please contact Mary Helen Clausing at the Alzheimer's Association at (503) 413-7115 to apply. **Accommodations:** Reservations at the Embassy Suites Hotel can be made by calling 1 (800) 586-5455. A block of rooms has been reserved at a rate of \$89.00 plus tax for a king suite and \$99.00 plus tax for a double/double suite. Reservations must be made by May 4, 2004 to secure the conference rate.

Please mail or fax your registration to:

Alzheimer's Association

1311 NW 21st Avenue Portland, OR 97209

Phone: (503) 413-7115 Fax: (503) 413-6754

Or visit www.alzheimers-oregon.org

Oregon Department of Human Services Seniors & People with Disabilities

2004 Spring Training for Community Based Care Nurses

- Revised Division 47, RN Delegation Rules
- Best Practices in CBC Medication Reviews

Please join Seniors & People with Disabilities and Oregon State Board of Nursing for a day of continuing education that address two topics essential to the practice of community based care (CBC) nursing. The educational content is designed to meet the professional development and clinical needs of CBC nursing professionals. Participation by long term care facility administration and community based care regulatory agencies is welcome.



Cost \$25.00



8:30 a.m. - 4:00 p.m.



Box lunch provided with working lunch

Registration form enclosed. Please return at least one week prior to event.

Questions? Call Vickie Predmore at (800) 232-3020, or (503) 945-5832.

A special thank you to Oregon Health Care Association for their assistance in planning and curriculum development.

Dates and locations:

April 22, 2004 Salem	Best Western Pacific Inn, 4646 Portland Road NE Salem
May 6, 2004, Oregon City	Community Health Education Center Willamette Falls Hospital, 519 15 th Street, Oregon City
May 12, 2004 Bend	Inn of the 7 th Mountain, 18575 SW Century Drive, Bend (In conjunction with OHCA Spring Conference 2004)
June 10, 2004 Medford	Community Justice Center, 1101 W. Main Street, Medford
June 24, 2004 LaGrande	Oregon National Guard Armory, 404 12 th Street, LaGrande

Oregon Department of Human Services
Seniors & People with Disabilities
One registration form per person please!

- Revised Division 47, RN Delegation Rules
- Best Practices in CBC Medication Reviews

Choose one training date/location:

- ___ April 22, 2004 - Salem
- ___ May 6, 2004 - Oregon City
- ___ May 12, 2004 - Bend
- ___ June 10, 2004 - Medford
- ___ June 24, 2004 - LaGrande

Sign-in begins 8:30 a.m. at all locations.
Training concludes at 4 p.m.

Please legibly provide the following information:

Name: _____ RN? Yes ___ No ___

★ Mailing Address: _____

Phone Number: _____ Is the above address a work address? _____

Email Address: _____

Position Title: _____

Place of employment: _____

★ To receive future SPD training announcements at a different address, please provide that address here:

Mail this entire form along with a check for \$25.00 payable to "SPD" to:

DHS SPD
2004 CBC Spring Training
500 Summer Street N.E., E-13
Salem OR 97301-1074
Attn: Vickie Predmore

A map to your chosen training site will be sent to you with your registration confirmation.

For special accommodations or questions concerning these trainings, please email Gretchen Thompson at Gretchen.L.Thompson@State.Or.U.S, or phone (800) 232-3020, or (503) 945-6484.