

Seniors and People with Disabilities

Mary Lee Fay, Administrator
Authorized Signature

Number: SPD-IM-04-021
Issue Date: 03/10/2004

Topic: Other

Subject: Family Caregiver Support Program Retreat

Applies to (check all that apply):

- | | |
|--|--|
| <input type="checkbox"/> All DHS employees | <input type="checkbox"/> County Mental Health Directors |
| <input checked="" type="checkbox"/> Area Agencies on Aging | <input type="checkbox"/> Health Services |
| <input type="checkbox"/> Children, Adults and Families | <input type="checkbox"/> Seniors and People with Disabilities |
| <input type="checkbox"/> County DD Program Managers | <input checked="" type="checkbox"/> Other (please specify): Lifespan Respite |

Message: The Family Caregiver Support Program training is set for April 20 & 21 to be held at Menucha Retreat & Conference Center. This training is targeted for staff who work with family caregivers. See brochure and registration documents for detailed information

The Family Caregiver Support funds can be used to send program and contracted staff to the training. You may also sponsor staff from other AAA's that may not have the extra funds to send staff.

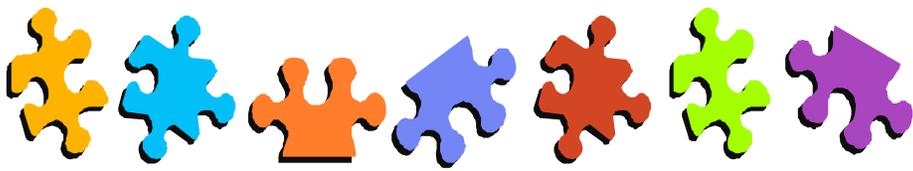
Allocation of expenses: The expense for this training can be split between the 5 different Family Caregiver Support program categories. You need to have an established policy for how you allocate direct and indirect program costs. Last biennium, we were under expended in this category. If this trend continues, the State may be required to return program funds to the Administration on Aging.

O4AD is sponsoring the event. If you are interested in sponsoring other AAA's please contact Vickie Warner at vwarner@O4AD.org or call Vickie at 503-463-8692. Visit www.oregoncares.org for more registration forms.

If you have any questions about this information, contact:

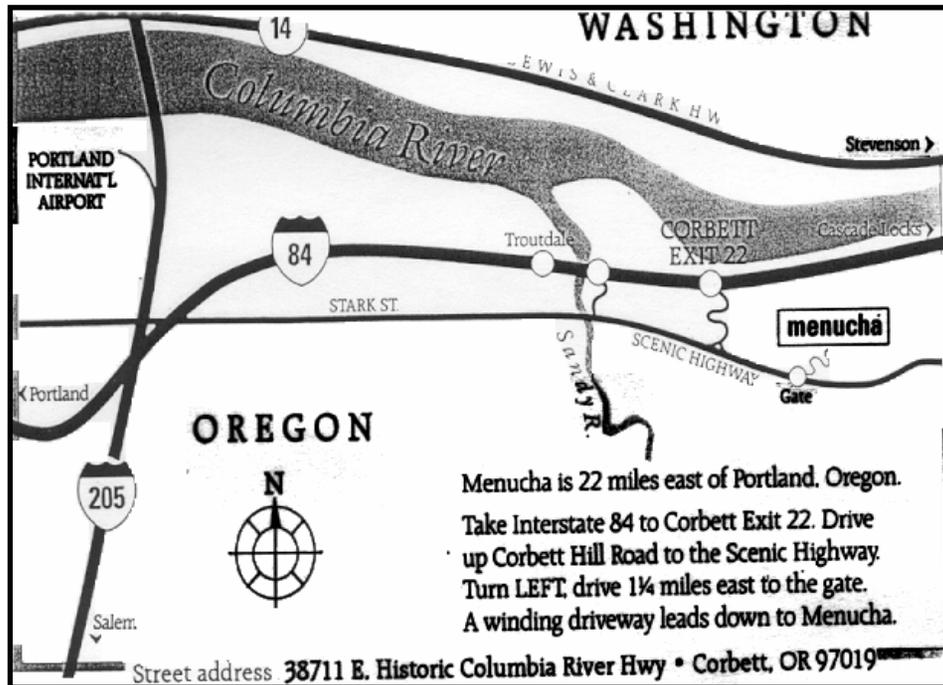
Contact(s):	Holli Crown		
Phone:	503-945-6028	Fax:	503-373-7902

E-mail: Holli.crown@state.or.us



We are deeply grateful to our following sponsors:

- Mid-Willamette Valley Senior Services
- Mid-Columbia Council of Governments
- Multnomah County Aging and Disability Services
- Central Oregon Council on Aging
- Harney County Senior Citizens
- Community Action Program of East Central Oregon



Oregon Association of Area Agencies on Aging & Disabilities



Family Caregiver Support Program Staff Training

“Putting Together the Pieces of the FCSP Puzzle”



April 20 & 21, 2004

MENUCHA
Retreat & Conference



Pack up your casual clothes and join us for an opportunity to learn more about the Family Caregiver Support Program. Take advantage of spending time with staff from throughout the network and find out what other areas are doing with the Caregiver Program. Help us piece the puzzle together!



We will have a resource room in which we can share ideas of what other areas are using for their program such as brochures, forms, policies and procedures, etc. We would like you to share what you have with others attending. Please bring enough for 60 people.

Workshop Descriptions

April 20, 2004

8:30—9:00

REGISTRATION

9:00-10:15

WELCOME AND GENERAL SESSION

The Rucick's Cube: Different Program Perspectives and Best Practices

Panel: Jan Silva, LCOG, Berta Verble, RVCOG, Debbie Waring, MWVSS

Having trouble jump starting your Family Caregiver Support Program? Join us to learn about creative and innovative ideas for supporting caregivers from other areas around the state.

10:30—11:45

The Big Picture—Holli Crown

Learn about the 5 components of a successful Family Caregiver Support Program and options for implementing these services in your community.

Spirituality in Caregiving—Mary Ann Hard

Is your glass half empty or half full? - Spirituality in Caregiving will address the spiritual needs caregivers have.

The 10-Minute Advocate—Jacqueline Zimmer

Learn how to effectively and efficiently express support to your elected officials for continued funding and enhanced services for the caregiving community.

1:30—2:45—Above Sessions Repeated

3:00—4:30

The Many Dimensions of Marketing—Diana Graff

Learn how to make valuable connections in your communities and “sell” your program to partners who can help you to future networking.

Volunteers Do Make A Difference—Judy Bowen

Learn how to recruit, screen, train and appreciate volunteers. Also learn how to make valuable connections in your communities and the resources that can be tapped into for additional support of your programs.

The Big Picture—Holli Crown (Repeat from Morning Sessions)

7:00—8:00

GENERAL SESSION

Data Collection—Reporting requirements for the Family Caregiver Support Program are changing. Come find out how these changes will be implemented and discuss how these changes impact your program.

April 21, 2004

9:00—10:15

Puzzled About Caregiver Training?—Jan Silva

Identify resources in your community that will help you deliver caregiver trainings. We will show you how to determine caregiver needs for education, develop programs and information packets, send out public service announcements, establish a location for the trainings and evaluate your program. Come share your questions and ideas in building a dynamic program that empowers caregivers.

The Many Dimensions of Marketing—Diana Graff (Session Repeated)

Culturally Sensitive Caregiving—Lynda Crandall

Cultural appreciation is important to us all. This session will define the components of culture and diversity in caregiving. It will present a model for planning and delivering care in a culturally sensitive manner. Discussion will include ways to blend knowledge about a culture with delivering good care.

10:30—11:45—Above Sessions Repeated

1:30—2:30

GENERAL SESSION

Burn-Out, Self-Care, Compassion and Fatigue—Lynda Crandall

Burnout is not having to much work to do. It is the loss of joy and zest in what one is doing. This session will provide an overview of burnout prevention and how to rekindle the zest if it's lost using holistic and practical interventions.

2:30—3:00

WRAP UP AND EVALUATIONS

Family Caregiver Support Program Training
Menucha Retreat & Conference Center, Corbett Oregon
April 20 & 21, 2004

PLEASE COMPLETE ONE REGISTRATION FOR EACH INDIVIDUAL ATTENDING

Name: _____

CONFERENCE OUTLINE
(Check One Workshop that you Plan to Attend for Each Session)

Tuesday, April 20
 9:15 a.m. - 10:15 a.m.

General Session - Rubick's Cube

Tuesday, April 20
 10:30 a.m. - 11:45 a.m.

The Big Picture

Spirituality in Caregiving

The 10-Minute Advocate

Tuesday, April 20
 1:30 p.m. - 2:45 p.m.

The Big Picture

Spirituality in Caregiving

The 10-Minute Advocate

Tuesday, April 20
 3:00 p.m. - 4:30 p.m.

Dimensions of Marketing

Volunteers Make A Difference

The Big Picture

Tuesday, April 20
 7:00 p.m. - 8:00 p.m.

General Session - Data Collection

Wednesday, April 21
 9:00 a.m. - 10:15 a.m.

Puzzled about Caregiver Training?

Volunteers Make A Difference

Culturally Sensitive Caregiving

Wednesday, April 21
 10:30 a.m. - 11:45 a.m.

Puzzled about Caregiver Training?

Dimensions of Marketing

Culturally Sensitive Caregiving

1:30 p.m. - 2:30 p.m.

**General Session - Burn-Out,
 Self-Care, Compassion and
 Fatigue**

Please Check if you Require:

Vegetarian Meals

Family Caregiver Support Program Training
Menucha Retreat & Conference Center, Corbett Oregon
April 20 & 21, 2004

Registration Form

Name and Title: _____

Agency/Organization Name: _____

Billing Agency: _____

Agency Address: _____

Agency Phone Number: _____

Use this side to summarize ALL registration fees from your agency. Use reverse side to list all registrants.

The Menucha Conference Facility offers it's guests a quaint, quiet, retreat-like setting with outstanding family style meals. Rooms are dorm style with double or triple occupancy (all using lower bunk beds). Towels and bedding are furnished
 Visit: www.menucha.org for Additional Information

INDIVIDUAL CONFERENCE RATES:	Received by March 31st	Received after March 31st	Number of Persons	TOTAL
Rates Apply <u>With</u> or <u>Without</u> Lodging Includes ONE Night Lodging and FOUR Meals Served				
Double Occupancy/Triple Occupancy				
Name of Chosen Roomate: _____				
Name of Chosen Roomate: _____				
Name of Chosen Roomate: _____				
No Preference: _____	\$250.00	\$275.00		
PRIOR DAY ARRIVAL RATES:				
Add appropriate rate for each person arriving on April 19, 2004. (This cost does include dinner on 4/19 and breakfast on 4/20).	\$50.00	\$75.00		
TOTAL ENCLOSED:				

ROOM ASSIGNMENTS ARE AVAILABLE ON FIRST COME, FIRST SERVED BASIS

SPECIAL NEEDS

Please check the box if you have special needs accomodations. Someone will contact you prior to the training regarding your arrangements.

Name: _____

Phone Number: _____

MAKE CHECKS PAYABLE TO: O4AD

SEND TO: P.O. Box 12189
 Salem, OR 97309

FAX: 503-463-8715

Registrations may be faxed, but payment must be received by April 9, 2004.

QUESTIONS: Call Vickie at 503-463-8692 or e-mail Vwarner@O4AD.org

