

|  |  |   |
|--|--|---|
|                                     | <p>Department of Human Services<br/> <b>CHILDREN, ADULTS &amp; FAMILIES</b><br/> <b>CLIENT SERVICES MANUAL I</b></p> <p>ISSUED BY: Program Operations<br/> EFFECTIVE DATE: January 2, 1996</p> | <p><b>NUMBER:</b> I-D.5<br/> <b>SECTION:</b> D. Counseling/<br/> Treatment Services<br/> <b>SUBSECTION:</b></p> |
| <p><b>SUBJECT:</b> 5. Parenting Program/Parent Training Services - Child Welfare Oregon<br/> Administrative Rule</p> |  |   |

Interpretation: Program Coordinator,  
Family-Based Services

Approval: \_\_\_\_\_  
Assistant Administrator,  
Program Operations

**REFERENCE:** Child Welfare Policy I-D.5.1, "Managing the Parenting Program"

**PURPOSE**

**413-060-0200** The purpose of these rules is to describe the parenting program which is designed to improve and strengthen parenting knowledge or skills. Persons providing this service may be referred to as parent trainers, parenting consultants, parenting educators or parenting specialists. These rules refer to them as parenting consultants.

**Statutory Authority: ORS 418.005**  
**Stats. Implemented: ORS 418.005**

**POLICY**

**TARGET GROUPS**

**413-060-0210** The parenting program is designed to serve two general populations of families:

**(1)** Families with infants, young children, or adolescents living at home where there is evidence or high risk of child neglect/abuse or childhood behavior problems.

**(2)** Families with infants, young children, or adolescents living outside the home where there is evidence or high risk of child neglect/abuse or childhood behavior challenges and a return-home plan is intended.

**Statutory Authority: ORS 418.005**

**Stats. Implemented: ORS 418.005**

## ELIGIBILITY AND PRIORITIES FOR SERVICES

**413-060-0220 (1) Eligibility.** A family receiving SOSCF preventive/restorative service, child protective services or substitute care services is also eligible for parenting program services if working with the parents would assist in returning a child home, or in permanent planning cases where returning the child home is the desired outcome. In addition, the family must meet all of the following criteria:

**(a)** There must be concrete and observable issues of concern regarding parenting and/or the parent has requested service;

**(b)** The issues to be addressed are due to a deficit in parenting knowledge or skills rather than unresolved family or individual issues. In some cases parent training may be postponed if other factors contributing to family difficulties are so severe as to preclude the usefulness of the parenting program. Such issues include:

**(A)** Unmet basic needs for food, shelter, clothing;

**(B)** Marital discord;

**(C)** Alcoholism or drug abuse.

**(c)** Decisions regarding serving families in 413-060-0220 (b) will be made on a case-by-case basis.

**(2) Ineligibility.** Families in which the parenting program is unlikely to be helpful and therefore ineligible include:

**(a)** Parents who are psychotic, severely depressed or personality disordered to the extent that the skills being taught could not be utilized or would render the parents poor group participants;

(b) Parents who have committed sex offenses against children and who have not successfully completed a treatment program;

(c) In each of the above general descriptions, exceptions can be made by mutual agreement by contractor or SOSCF parent consultant and caseworker. Specialized groups or individualized sessions may be arranged.

**(3) Priorities for Service.** Priority consideration shall be given to families in which:

(a) A child(ren) is in immediate risk of being removed from the home and is actively being considered for substitute care placement as indicated in the service plan;

(b) A child residing in substitute care could be returned home sooner if parent functioning were improved;

(c) A child(ren) is in potential danger of substitute care (high-risk of placement exists but consideration of placement has not been actively pursued);

(d) Parent/child problems exist but there is no consideration of substitute care at this time.

**Statutory Authority: ORS 418.005**

**Stats. Implemented: ORS 418.005**

## SERVICE FORMAT

**413-060-0230 (1) Individual Training (may be in home).** Parenting consultants may provide individual training for those parents unable to participate in a group for reasons of scheduling, location or inappropriateness of a group setting.

**(2) Group Training for Parents.** There are two types of group training. Parents may be enrolled in one or both groups:

(a) Parent/child interaction groups (labs) focus on providing parents and children opportunities to learn and practice positive and therapeutic ways of interacting with one another. Child development, behavior management, anger management, and communication will be covered prior to or in tandem with the interaction groups;

(b) Parenting Program/Support Groups. These groups do not include

group participation for the children. The group content may include didactic training in child development, behavior management, anger management, taking care of yourself (building self-esteem) and communication. Support groups which afford time for parents to personalize curriculum content and to discuss personal issues are included in this category.

**(3) Child Care.** Group day care for children whose parents attend parenting program sessions is provided to the extent possible within funding limits. Refer to SOSCF policy I-D.5.1, "Managing the Parenting Program," Procedures section (3)(c) for details on budget accessing procedures.

**Statutory Authority: ORS 418.005**

**Stats. Implemented: ORS 418.005**

## **CHILD CARE AND TRANSPORTATION**

**413-060-0240** In order that families may participate in the parenting program, the agency may provide limited aid to participants through assistance with child care and transportation. This aid will be made available according to the local need and with existing resources in the respective communities.

**Statutory Authority: ORS 418.005**

**Stats. Implemented: ORS 418.005**