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Authorized Signature

Number: CW-IM-05-002  
Issue Date: 3/1/05

Topic: Foster Care

Subject: Caseworker Medical Reference Tools

**Applies to (check all that apply):**

- |                                     |                               |                          |                                      |
|-------------------------------------|-------------------------------|--------------------------|--------------------------------------|
| <input type="checkbox"/>            | All DHS employees             | <input type="checkbox"/> | County Mental Health Directors       |
| <input type="checkbox"/>            | Area Agencies on Aging        | <input type="checkbox"/> | Health Services                      |
| <input checked="" type="checkbox"/> | Children, Adults and Families | <input type="checkbox"/> | Seniors and People with Disabilities |
| <input type="checkbox"/>            | County DD Program Managers    | <input type="checkbox"/> | Other (please specify):              |

**Message:**

The following information is provided as a general resource guide to assist case management staff in ensuring proper medical care and evaluation of children. The following guides are offered as reference materials only. All medical decisions should be made by the child's primary health care provider.

Reference Materials for Child Welfare Caseworkers:

1. Height and Weight growth chart for girls and boys
2. Well-Child Health Care Visits Schedule
3. Immunization Schedule (see below link in pdf format)  
[http://www.dhs.state.or.us/policy/childwelfare/im/2005/cw\\_im\\_05\\_002att.pdf](http://www.dhs.state.or.us/policy/childwelfare/im/2005/cw_im_05_002att.pdf)

**The following growth charts are for reference only.**

- Measurements between the 25<sup>th</sup> and 75<sup>th</sup> percentiles are likely to represent normal growth.
- Measurements should always show a trend of progressive growth.
- The child's background - prematurity, ethnicity, and genetics – must always be considered.

## Weight and Height Chart for Girls

	5 <sup>th</sup>	50 <sup>th</sup>	95 <sup>th</sup>	5 <sup>th</sup>	50 <sup>th</sup>	95 <sup>th</sup>
Age	Inches	Inches	Inches	Pounds	Pounds	Pounds
Birth	17	19	20	5	7	8
3 months	21	23	25	9	12	14
6 months	24	26	27	12	16	19
9 months	26	27	29	15	18	22
1 year	27	29	31	17	21	24
18 months	30	31	34	19	23	28
2 years	32	34	36	22	26	31
2.5 years	33	35	38	23	28	34
3 years	34	37	39	25	31	38
3.5 years	36	38	41	27	33	41
4 years	37	40	42	29	35	44
4.5 years	38	41	44	30	37	46
5 years	39	42	45	32	39	49
6 years	42	45	48	35	43	56
7 years	44	47	51	39	48	65
8 years	46	49	53	43	54	76
9 years	48	52	56	48	62	89
10 years	50	54	58	53	71	104
11 years	52	57	61	60	81	119
12 years	55	59	64	67	91	134
13 years	57	61	66	75	101	148
14 years	58	63	67	83	110	161
15 years	59	63	68	90	118	171
16 years	59 3/4	64	68 1/4	95	123	178
17 years	60	64 1/4	68 1/4	98	125	181
18 years	60 2	64 2	68 1/4	99	125	181

\*\*\*Adapted from National Center for Health Statistics, Health Resources Administration, Center For Disease Control, Department of Health Education and Welfare

## Height and Weight Chart for Boys

	5 <sup>th</sup>	50 <sup>th</sup>	95 <sup>th</sup>	5 <sup>th</sup>	50 <sup>th</sup>	95 <sup>th</sup>
Age	Inches	Inches	Inches	Pounds	Pounds	Pounds
Birth	18	20	21	5 2	7	9
3 months	22	24	25	9	13	16
6 months	25	26	28	13	17	20
9 months	26	28	30	16	20	24
1 year	28	30	32	18	22	26
18 months	30	32	34	21	25	29
2 years	32	34	37	23	27	34
2.5 years	33	35	38	24	29	36
3 years	35	37	40	26	32	39
3.5 years	36	39	41	28	34	41
4 years	37	40	43	30	36	44
4.5 years	39	42	44	31	39	47
5 years	40	43	46	33	41	51
6 years	42	45	48	37	45	58
7 years	44	48	51	41	50	66
8 years	46	50	53	45	55	76
9 years	48	52	55	49	62	87
10 years	50	54	58	53	69	99
11 years	52	56	61	59	77	113
12 years	54	59	64	65	87	128
13 years	56	61	66	74	99	143
14 years	58	64	69	84	112	159
15 years	61	66	71	95	125	174
16 years	63	68	73	105	137	188
17 years	65	69	73	113	146	201
18 years	65	69	73	119	151	211

\*\*\*Adapted from National Center for Health Statistics, Health Resources Administration, Center For Disease Control, Department of Health Education and Welfare

## Well-Child Health Care Visits Schedule to Health Care Providers

- The Well-Child Health Visits schedule is for the child without major health concerns. This tool is to be used as a reference tool for case management staff, in recognition that all visits are subject to individual children's needs.

<b>Infant 0-1 year of age</b>	3-4 days after birth	2 weeks	2 months	4 months	6 months	9 months	1 year of age
<b>1 - 2 years of age</b>	1 year of age	15 months	18 months	2 years of age			
<b>2, 3, 4, 5 years of age</b>	annual visits						
<b>5 years of age and older</b>	every 2 years						

- Children are weighed and measured during these visits to assess growth and development and to assess any issues of concern. These visits will assess immunization records and provide any immunizations that are necessary.
- DHS policy requires that all children in substitute care are to be referred for a medical and a dental assessment within 30 days of entering care (I-C.4.1).

If a child is obtaining Personal Care Services, policy requires that a child must be seen by the prescribing Physician at least once a year. (I-E.5.1.2)

*If you have any questions about this information, contact:*

<b>Contact(s):</b>	Teri Shultz, RN		
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<b>E-mail:</b>	<a href="mailto:Teri.Shultz@state.or.us">Teri.Shultz@state.or.us</a>		